
RECORDS ONDA Long Cours
LC Meters-Women

8 & U	50 Free	38.89	20-Apr-13	ONDA PC	Emily Chin	at Terrapin CBA LC
	100 Free	1:29.54	20-Apr-13	ONDA PC	Emily Chin	at Terrapin CBA LC
	50 Back	47.03	20-Apr-13	ONDA PC	Emily Chin	at Terrapin CBA LC
	50 Breast	54.79	26-Jun-10	ONDA PC	Anna Fromson-Ho	
	50 Fly	44.01	20-Apr-13	ONDA PC	Emily Chin	at Terrapin CBA LC
9-10	50 Free	31.75	7-Aug-12	ONDA PC	Kayla Craft-Williams	at 2012 Western Zone Age Group Championships
	100 Free	1:13.87	25-May-12	ONDA PC	Kayla Craft-Williams	
	200 Free	2:48.12	25-Jun-11	ONDA PC	Emily Lo	
	50 Back	38.04	7-Aug-12	ONDA PC	Kayla Craft-Williams	at 2012 Western Zone Age Group Championships
	100 Back	1:24.10	7-Aug-12	ONDA PC	Kayla Craft-Williams	at 2012 Western Zone Age Group Championships
	50 Breast	41.80	27-Jul-11	ONDA PC	Emily Lo	
	100 Breast	1:34.10	9-Aug-11	ONDA PC	Emily Lo	
	50 Fly	34.76	27-Jul-11	ONDA PC	Emily Lo	
	100 Fly	1:20.88	9-Aug-11	ONDA PC	Emily Lo	
	200 IM	2:59.84	7-Jul-11	ONDA PC	Emily Lo	
11-12	50 Free	28.43	12-Jul-13	ONDA PC	Emily Lo	at 2013 PC OAPB LCM LCM JO
	100 Free	1:02.45	31-Jul-13	ONDA PC	Emily Lo	at 2013 Speedo Far Western Championship
	200 Free	2:25.07	25-May-12	ONDA PC	Cici Lu	
	400 Free	5:06.44	21-Apr-12	ONDA PC	Cici Lu	
	50 Back	33.16	6-Aug-14	ONDA PC	Kayla Craft-Williams	at Western Zone
	100 Back	1:14.78	6-Aug-14	ONDA PC	Kayla Craft-Williams	at Western Zone
	200 Back	2:51.71	20-Apr-13	ONDA PC	Emily Lo	at Terrapin CBA LC
	50 Breast	38.14	6-Jun-07	ONDA PC	Noa Berzon	
	100 Breast	1:22.69	21-Apr-12	ONDA PC	Cici Lu	
	200 Breast	2:56.19	9-Jun-12	ONDA PC	Cici Lu	
	50 Fly	30.76	6-Aug-14	ONDA PC	Kayla Craft-Williams	at Western Zone
	100 Fly	1:08.15	12-Jul-13	ONDA PC	Emily Lo	at 2013 PC OAPB LCM LCM JO
	200 Fly	2:32.90	31-Jul-13	ONDA PC	Emily Lo	at 2013 Speedo Far Western Championship
	200 IM	2:31.72	12-Jul-13	ONDA PC	Emily Lo	at 2013 PC OAPB LCM LCM JO
	400 IM	5:34.22	31-Jul-13	ONDA PC	Emily Lo	at 2013 Speedo Far Western Championship
13-14	50 Free	27.69	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	100 Free	59.41	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	200 Free	2:21.02	12-Jul-13	ONDA PC	Cici Lu	at 2013 PC OAPB LCM LCM JO
	400 Free	5:01.61	20-Jul-12	ONDA PC	Cici Lu	at 2012 PC OAPB LCM LCM JO
	800 Free	12:14.58	6-Jun-08	ONDA PC	Sierra Harper	
	100 Back	1:07.92	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	200 Back	2:37.19	23-Apr-16	ONDA PC	Kayla Craft-Williams	at 2016 PC TERA LCM C/B/BB+
	100 Breast	1:17.06	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	200 Breast	2:42.56	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	100 Fly	1:03.61	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	200 Fly	2:20.89	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	200 IM	2:22.29	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	400 IM	5:07.19	29-Jul-15	ONDA PC	Emily Lo	at 2015 Speedo Far Western Championship
	15-16	50 Free	27.32	31-Jul-18	ONDA PC	Kayla Craft-Williams
100 Free		1:00.39	21-Apr-12	ONDA PC	Erica Littlejohn	at Orinda Aquatics LC CBA+ April 21-22 2012

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15-16	200 Free	2:22.10	23-Jun-12	ONDA PC	Erica Littlejohn	at Summer Summer Summer Time
	400 Free	5:00.13	20-Jul-12	ONDA PC	Erica Littlejohn	at 2012 PC OAPB LCM LCM JO
	100 Back	1:04.44	31-Jul-18	ONDA PC	Kayla Craft-Williams	at Finals Arena Western Zone Seni
	200 Back	2:24.80	31-Jul-18	ONDA PC	Kayla Craft-Williams	at Finals Arena Western Zone Seni
	100 Breast	1:18.99	29-Jul-15	ONDA PC	Cici Lu	at 2015 Speedo Far Western Championship
	200 Breast	2:50.17	30-Jul-14	ONDA PC	Cici Lu	at TERA Far Westerns
	100 Fly	1:06.18	31-Jul-18	ONDA PC	Kayla Craft-Williams	at Finals Arena Western Zone Seni
	200 Fly	2:39.15	27-Jul-11	ONDA PC	Ally Fromson-Ho	
	200 IM	2:35.72	30-Jul-14	ONDA PC	Cici Lu	at TERA Far Westerns
	400 IM	5:26.70	27-Jul-11	ONDA PC	Ally Fromson-Ho	
17-18	50 Free	27.84	25-Jul-19	ONDA PC	Emily Lo	at 2019 Far Western LC Championships
	100 Free	1:01.41	25-Jul-19	ONDA PC	Emily Lo	at 2019 Far Western LC Championships
	200 Free	2:22.62	17-May-19	ONDA PC	Kayla Craft-Williams	at Vallejo Aquatic Club LC C/B/A+
	100 Back	1:05.80	18-Jul-19	ONDA PC	Kayla Craft-Williams	at 2019 CA Speedo Sectionals Santa Clarita
	100 Breast	1:13.64	25-Jul-19	ONDA PC	Emily Lo	at 2019 Far Western LC Championships
	200 Breast	2:40.49	25-Jul-19	ONDA PC	Emily Lo	at 2019 Far Western LC Championships
	100 Fly	1:06.32	18-Jul-19	ONDA PC	Kayla Craft-Williams	at 2019 CA Speedo Sectionals Santa Clarita

RECORDS ONDA Long Cours
LC Meters-Men

8 & U	50 Free	33.86	9-Jun-12	ONDA PC	Jalen Edwards	at Oakland Undercurrent Long Course Meet	
	100 Free	1:17.75	25-Feb-12	ONDA PC	Jarin Edwards		
	50 Back	43.32	6-Jun-06	ONDA PC	Abdullah Maghoub		
	50 Breast	48.09	25-Jun-11	ONDA PC	Malcolm Mackey		
	50 Fly	38.10	31-Jul-13	ONDA PC	Jalen Edwards	at 2013 Speedo Far Western Championship	
	200 IM	3:21.32	9-Jun-12	ONDA PC	Jarin Edwards		
9-10	50 Free	30.90	7-Aug-13	ONDA PC	Malcolm Mackey	at 2013 Western Zone Age Group Championships	
	100 Free	1:07.88	12-Jul-13	ONDA PC	Malcolm Mackey	at 2013 PC OAPB LCM LCM JO	
	200 Free	2:27.16	12-Jul-13	ONDA PC	Malcolm Mackey	at 2013 PC OAPB LCM LCM JO	
	400 Free	5:10.75	31-Jul-13	ONDA PC	Malcolm Mackey	at 2013 Speedo Far Western Championship	
	50 Back	36.83	6-Jun-09	ONDA PC	Abdullah Maghoub		
	100 Back	1:18.28	6-Jun-09	ONDA PC	Abdullah Maghoub		
	50 Breast	39.60	7-Aug-13	ONDA PC	Malcolm Mackey	at 2013 Western Zone Age Group Championships	
	100 Breast	1:26.80	7-Aug-13	ONDA PC	Malcolm Mackey	at 2013 Western Zone Age Group Championships	
	50 Fly	34.93	8-Jun-13	ONDA PC	Jarin Edwards	at Long Course C/B/A+	
	100 Fly	1:16.88	31-Jul-13	ONDA PC	Malcolm Mackey	at 2013 Speedo Far Western Championship	
	200 IM	2:46.51	7-Aug-13	ONDA PC	Malcolm Mackey	at 2013 Western Zone Age Group Championships	
	11-12	50 Free	27.78	31-Jul-13	ONDA PC	Donovan Chan	at Far Western Championship
		100 Free	1:00.89	31-Jul-13	ONDA PC	Donovan Chan	at Far Western Champs
200 Free		2:17.73	7-Jul-11	ONDA PC	Darien Chan	at WEST JO'S	
400 Free		4:47.08	29-Jul-15	ONDA PC	Malcolm Mackey	at 2015 Speedo Far Western Championship	
100 Back		1:12.16	4-Aug-11	ONDA PC	Darien Chan	at North American Challenge Cup	
200 Back		2:33.82	8-Aug-13	ONDA PC	Adonis Thomas	at North American Challenge	
50 Breast		36.49	29-Jul-15	ONDA PC	Malcolm Mackey	at 2015 Speedo Far Western Championship	
100 Breast		1:20.51	10-Jul-15	ONDA PC	Malcolm Mackey	at 2015 PC TERA LCM LCM JO'S	
200 Breast		2:55.61	29-Jul-15	ONDA PC	Malcolm Mackey	at 2015 Speedo Far Western Championship	
50 Fly		29.72	28-Jun-07	ONDA PC	Piankhi Gibson	at Far Westerns	
100 Fly		1:07.80	* 12-Jul-13	ONDA PC	Adonis Thomas	at 2013 PC OAPB LCM LCM JO	
100 Fly		1:07.80	* 12-Dec-13	ONDA PC	Adonis Thomas	at OAPB JOs	
200 Fly		2:30.71	12-Jul-13	ONDA PC	Adonis Thomas	at OAPB JOs	
200 IM		2:32.72	12-Jul-13	ONDA PC	Adonis Thomas	at OAPB JOs	
400 IM		5:27.24	29-Jul-15	ONDA PC	Malcolm Mackey	at 2015 Speedo Far Western Championship	
13-14		50 Free	26.36	8-Aug-13	ONDA PC	Darien Chan	at 2013 North American Challenge Cup
	100 Free	56.50	29-Jul-07	ONDA PC	Piankhi Gibson	at Long Course Far Westerns	
	200 Free	2:07.56	29-Jul-15	ONDA PC	Donovan Chan	at 2015 Speedo Far Western Championship	
	400 Free	4:32.54	1-Aug-17	ONDA PC	Malcolm Mackey	at Finals Western Zone Senior Championships	
	800 Free	9:16.49	7-Jul-11	ONDA PC	Nils Gohlke		
	1500 Free	18:38.65	7-Jul-16	ONDA PC	Malcolm Mackey	at 2016 PC OAPB LCM LCM JO	
	100 Back	1:07.35	8-Aug-13	ONDA PC	Darien Chan	at 2013 North American Challenge Cup	
	200 Back	2:30.42	16-Apr-11	ONDA PC	David Cao		
	100 Breast	1:12.08	7-Jul-11	ONDA PC	Nils Gohlke		
	200 Breast	2:39.48	7-Jul-11	ONDA PC	Nils Gohlke		
	100 Fly	58.90	28-Jul-02	ONDA PC	Piankhi Gibson	at Far Westerns	
	200 Fly	2:21.26	25-Jul-07	ONDA PC	Piankhi Gibson	at Long Course Junior Olympics	
	200 IM	2:22.24	7-Jul-11	ONDA PC	Nils Gohlke		
	400 IM	5:01.43	7-Jul-11	ONDA PC	Nils Gohlke		

RECORDS ONDA Long Cours

15-16	50 Free	25.11	29-Jul-07	ONDA PC	Blake Cushing	at Long Course Far Westerns
	100 Free	54.96	25-Jul-19	ONDA PC	Malcolm Mackey	at 2019 Far Western LC Championships
	200 Free	2:02.36	18-Jul-19	ONDA PC	Malcolm Mackey	at 2019 CA Speedo Sectionals Santa Clarita
	400 Free	4:26.01	30-Jul-19	ONDA PC	Malcolm Mackey	at Finals - Arena Western Zone Senior Champs
	100 Back	1:03.25	11-Jul-14	ONDA PC	Abdallah Mahgoub	at CROW JO
	200 Back	2:18.76	11-Jul-14	ONDA PC	Abdallah Mahgoub	at CROW JO
	100 Breast	1:12.08	30-Jul-19	ONDA PC	Malcolm Mackey	at Finals - Arena Western Zone Senior Champs
	200 Breast	2:37.45	12-Jul-13	ONDA PC	Nils Gohlke	at 2013 PC OAPB LCM LCM JO
	100 Fly	58.58	7-Jul-02	ONDA PC	Dominic Cathey	
	200 Fly	2:11.85	5-Jul-02	ONDA PC	Dominic Cathey	
	200 IM	2:17.31	27-Jul-02	ONDA PC	Dominic Cathey	
	400 IM	4:54.05	9-Aug-11	ONDA PC	Michael Nguyen	
	17-18	50 Free	24.50	29-Jul-06	ONDA PC	Alex Cushing
100 Free		54.47	1-Aug-06	ONDA PC	Alex Cushing	at Western Zones
200 Free		2:05.62	25-Jul-19	ONDA PC	Peter Christie	at 2019 Far Western LC Championships
400 Free		4:22.74	25-Jul-19	ONDA PC	Peter Christie	at 2019 Far Western LC Championships
100 Back		1:01.85	29-Jul-15	ONDA PC	Abdallah Mahgoub	at 2015 Speedo Far Western Championship
200 Back		2:12.12	29-Jul-15	ONDA PC	Abdallah Mahgoub	at 2015 Speedo Far Western Championship
100 Breast		1:10.43	7-Aug-14	ONDA PC	Nils Gohlke	at North American Challenge Cup
200 Breast		2:38.04	7-Aug-14	ONDA PC	Nils Gohlke	at North American Challenge Cup
100 Fly		57.86	1-Jul-03	ONDA PC	Dominic Cathey	
200 Fly		2:13.78	26-Jul-04	ONDA PC	Dominic Cathey	
200 IM		2:15.25	1-Aug-12	ONDA PC	Michael Nguyen	at 2012 PC WEST LCM LCM FAR WEST
400 IM		4:50.81	1-Aug-12	ONDA PC	Michael Nguyen	at 2012 PC WEST LCM LCM FAR WEST
19 & O		50 Free	24.38	1-Jan-07	ONDA PC	Alex Cushing
	200 Breast	2:15.52	7-Jul-04	ONDA PC	Ratapong Sirisanont	at Santa Clara Grand Prix
	100 Fly	56.51	2-Jul-06	ONDA PC	Dominic Cathey	